

“Isn't it nice to think that
tomorrow is a new day
with no mistakes in it yet?”

- L.M. Montgomery

RYDA Newsletter

01/2023

Did you make any New Year's Resolutions?

The custom of making New Year's Resolutions has been around for thousands of years.

The ancient Babylonians are said to have been the first people to make New Year's resolutions, some 4,000 years ago. They were also the first to hold recorded celebrations in honour of the new year—though for them the year began not in January but in mid-March, when the crops were planted. During a massive 12-day religious festival known as Akitu, the Babylonians crowned a new king or reaffirmed their loyalty to the reigning king. They also made promises to the gods to pay their debts and return any objects they had borrowed. These promises could be considered the forerunners of our New Year's resolutions. If the Babylonians kept to their word, their gods would bestow favour on them for the coming year. If not, they would fall out of the gods' favour—a place no one wanted to be.



A similar practice occurred in ancient Rome, after the reform-minded emperor Julius Caesar tinkered with the calendar and established January 1 as the beginning of the new year circa 46 B.C. Named for Janus, the two-faced god whose spirit inhabited doorways and arches, January had special significance for the Romans. Believing that Janus

symbolically looked backwards into the previous year and ahead into the future, the Romans offered sacrifices to the deity and made promises of good conduct for the coming year. Janus is the god of beginnings, gates, transitions, time, duality, doorways, passages, frames, and endings.

For early Christians, the first day of the new year became the traditional occasion for thinking about one's past mistakes and resolving to do and be better in the future. In 1740, the English clergyman John Wesley, created the Covenant Renewal Service, most commonly held on New Year's Eve or New Year's Day. Also known as watch night services, they included readings from Scriptures and hymn singing, and served as

a spiritual alternative to the raucous celebrations normally held to celebrate the coming of the new year.

Despite the tradition's religious roots, New Year's resolutions today are a mostly secular practice. Instead of making promises to the gods, most people make resolutions only to themselves, and focus purely on self- (which may explain why such resolutions to follow through on). According while as many as 45 percent of people say New Year's resolutions, only 8 percent are achieving their goals. But that dismal probably won't stop people from making anytime soon—after all, we've had about of practice.



improvement seem so hard to research, they make successful in record resolutions 4,000 years



As our birthdays do, New Year's Day provides us the chance to celebrate having made it through another 365 days, the unit of time by which we keep chronological score of our lives. Phew! Another year over, and here we still are! Time to raise our glasses and toast our survival.

Well, we had some really chilly weather in December, & my pond froze with ice at least 1 inch thick; but it has been colder in the past and here is the proof; frozen river & boats and a beautiful heavy coating of white stuff. From a few years ago (With thanks to Robin Hogg for the photos)



If you are on Facebook, there is a short video of one of the gig's going out (this year) breaking the ice

<https://www.facebook.com/timothy.tew.581/videos/525729909505964?idorvanity=2049692991792819>

Since this was written, we are in double figures. – May weather in December; Primroses are out in flower, geraniums haven't died back yet, & some roses are still in flower. It is weird!

John Allen - late of Voss Cottage, Noss Mayo

John will be remembered by many as an enthusiastic keeper of the fabric of our villages. It was his activities some years ago that prompted the launch of the widely known bumper sticker "Granite sets Noss Hard". He had also always been a supporter of the RYDA and in his Will, he generously bequeathed to the Association a sum of £10,000 with no direction as to how it was to be spent.

Your Committee has voted it appropriate, from this sum, to maintain the gardens of Allens Quay which he created about 5 years ago in memory of his wife, Jenni. We will also start a programme of restoring, where appropriate, the wrought iron railings which are a feature in our villages and have been falling into disrepair. These railings were known by John as Revelstoke Railings about which he was quite passionate. He had maintained some of them himself at a younger age.

We are sure he would be happy with this decision.

Newton & Noss Parish Consultation Dec 22

1 We would like your views on :

- Provision of additional sports and recreation facilities
- Parking options at Butts Park and Noss Green
- Replacement Play equipment at Butts Park
- Composting and allotments
- Newton and Noss public toilets
- 20 mph zone in Newton Ferrers
- Formation of a Volunteer Roads working group

You can access the Consultation from the NNPC website here :

<https://www.newtonandnoss-pc.gov.uk/>

Run by Newton and Noss Parish Council, this flyer is being delivered to every Household in the Parish. Paper copies will be available from Tubbs Pharmacy, The Post Office and The Swan, but we wish to keep these to an absolute minimum as the online version is the most efficient way of entering your views and for us to analyse.

Closing Date 3rd January 2023

Please take time to complete this consultation as your views will be making a difference to your community.

2 Whilst you are on the NNPC website, then please sign up for our emailed newsletter. We promise to only send you monthly newsletters and urgent announcements, you have complete control on what you receive from us and can unsubscribe using automatic links provided.

You can subscribe on our Homepage <https://www.newtonandnoss-pc.gov.uk>

3 You may also be aware that the River Yealm & District Association (RYDA) publish a Village Directory known as "The Blue Book" which they are updating and will publish in April 2023.

Please use the link below and follow the instructions if you would like to be included in it. <https://ryda.org.uk/> You don't have to be a member to be included.

PLANNING

This month there is only one Planning item having a wide interest to RYDA members. The "Green" Deli at the Green on Parsonage Road, wishes to extend the canopy over the outside seating area. It is proposed that this will have clear poly carbonate roof sheets on a visually lightweight metal frame. This will allow the business to serve food and drink to customers outside, over a longer season during rainy or cold weather. (see link for more detail: [4159/22/FUL](#))

WHATS ON?

1st Tuesday Lunch Club 3rd January. Newton Ferrers Village hall 12.00

Everyone welcome £6. 2 courses plus tea or coffee. Please contact Jeanne 872442 or Jane 872627 to advise of allergies etc.

u3a



Yealm u3a Talk: Thursday, 5th January 2023.

WIC Hall, Newton Ferrers

Doors open at 2.00pm for 2.30pm

'Recent Research on the Prehistorical Landscape of South Devon' - A talk by Win Scutt

Win is an archaeologist working as Properties Curator for the West of England at English Heritage. Although his role involves the conservation and research of many of these sites at any one time, his current focus is at Tintagel where he manages the TCARP archaeological project.

His research interests lie in the language, place-names and landscape of prehistoric Britain and is investigating the evidence for the presence of Germanic languages and dialects through the study of English place-names for changing landscapes and monuments.

Open meeting for all U3A Members New members welcome. Non-Members £3 donation

For membership details see; www.yealmu3a.org.uk



Newton Ferrers WIC Hall, The Green in 2023

DIGITAL DROP-INS

Restarting on Friday 6th January

10.30am – 11.30am



Did you receive a new laptop/smartphone for Christmas?? and do you need some help with it?

For the month of January we will not be having any talks. Every Friday this month is an open session to all who want more information about

their phones, laptops, or tablets. We covered many topics in our very popular talks last year and if you still have questions please come back and see us.

We are also in need of extra volunteers so if you feel you could help for 2 hours a week, please contact us. You do not need to be an expert, just a regular user of digital devices.

Contact: Peter Hinchliffe or Mary Ayres nndigital.dropin@gmail.com

WI evening talk "Milan~The Italian Job" **Tuesday 10th January 7pm.** New members Welcome



Holbeton Film Club

January's film is **Operation Mincemeat** (certificate 12A, *infrequent strong language, moderate injury detail, sex, violence*). Based on a true story, Operation Mincemeat is set in 1943 as the Allies are determined to

launch an all-out assault on Fortress Europe. But they face an impossible challenge – to protect a massive invasion force from entrenched German firepower and avert a potential massacre.

This is showing on **Saturday 14th January 2023** in Holbeton Village Hall. Doors open 7.00pm. The programme starts at 7.30pm. Tickets on the door still only £4 (cash only). Ice creams will be on sale for £1.

Our programme for the coming months is:

Where The Crawdads Sing, (15), Friday 10th February

Downton Abbey: A New Era, (PG), Saturday 11th March

Fisherman's Friends: One And All, (12A), Friday 14th April

Mrs Harris Goes To Paris, (PG), Saturday 13th May

Harry Baumer (830274)



Yealm Parchment Craft

WI Hall, Newton Ferrers

Next lesson **20th January 2023 2-4 pm**

Project : Pure embossing

Equipment can be supplied if you don't have it

Tel 07838375449



Yealm Art Society

Mixed Media Landscape Workshop

Saturday 21st January

with

Shirley Kirkaldy

Lots of ideas using acrylics with pastels, pencils etc.

Yealmpton Community Centre, PL8 2HF 10.00am – 4.00pm

£30 (£25 - members)

To reserve a place email : sue.denny@talk21.com

Full list of requirements will be sent on booking.

More information on our website www.yealmartsociety.com





WI Crafts 24th January WI Hall 2-4pm "Sunrise" Yarn Art. £1.50 including tea & coffee,

Please bring glue (preferably PVA) Yarn, sewing cotton, crochet cotton, embroidery thread, knitting wool oddments, ribbon, lace offcuts, pencil & scissors.

A picture to inspire your design if you need it
(some yarn is available)

Thursday Lunch Club Noss Mayo in the village hall 26th January @12.15

Everyone welcome £6 for 2 courses plus tea or coffee. Please contact Jane 872663 (mrandsbarnett@gmail.com) to advise of allergies etc. Vegetarian option available.



YEALM GARDENS SOCIETY

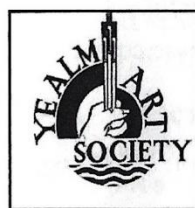
Grasses instead of the World Cup football were well rewarded by an informative and entertaining talk by Katherine Crouch.

In 2023 we have a good and varied programme of speakers and events – details on our website yealmgardenssociety.com

To start the New Year we very much look forward to welcoming back Jane Knight who will give us an update on The Eden Project on Tuesday 31st January 7.00 for 7.30pm in the WIC Hall and we look forward to seeing you.

Rosemary Smith, Secretary Y G S

We were delighted to have such good attendance for our last speaker talk this year – those who opted for Ornamental



Yealm Art Society *Painting Workshop*

Saturday 3rd February

10.00am – 4.00pm

Figure in an Interior

Impressionistic style

with Michael Hill

**Yealmpton Community
Centre, PL8 2HF**

For full details and to reserve a place -
email : lin.f@btinternet.com

More details on our website :
www.yealmartsociety.com





Dementia Friendly Parishes around the Yealm

Celebrating 10 Years of Support
January 2023 Contact Maxine 07450 206312

Sunday	1	
Monday	2	
Tuesday	3	
Wednesday	4	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	5	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	6	
Saturday	7	
Sunday	8	
Monday	9	
Tuesday	10	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	11	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	12	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	13	Coffee & Chat 2-3.30pm Rose and Crown Yealmpton £2.50
Saturday	14	
Sunday	15	
Monday	16	Art & Craft Group 10.30am – 12.00pm Yealmpton Comm Centre £3.00
Tuesday	17	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	18	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	19	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	20	Singing Along, community singing with the Brixton Village-Airs 2-3.30pm Yealmpton Methodist Hall £3.00
Saturday	21	
Sunday	22	
Monday	23	
Tuesday	24	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00
Wednesday	25	Walking Group Wembury 10.30am. Meet in car park at end of Barton Close Wembury
Thursday	26	Reading Group in person 10.30-12noon Yealmpton Parish Room £2.00. Or by Zoom. Request code to join
Friday	27	Carer Support on Zoom 2.30-3.30 call Maxine for the Zoom link if you would like to attend and aren't already on the list.
Saturday	28	
Sunday	29	
Monday	30	
Tuesday	31	Gentle Exercise 10.30 – 11.30 Yealmpton Methodist Hall £5.00

*We can't change the person living with dementia
but we can change the experience they have in their community.*